

WERELD TAJI EN QIGONG DAG 2016 - UURINDELING VERENIGINGEN

10u00 WADAIKO TAWAMURE -TAIKO - WELKOM				
10.05	San Bao Taiji School Opwijk oefeningen van Zhang Guangde Marc Heyvaert Belgium Chinese Tea Association - Nihao Antwerp Warm-up massage and basic daoyin qigong Mei Lan Xsiao			
11.00	Yen-nien Daoguan Jingdao Fenguan Yangjia Michuan Taijiquan Jiben Dongzuo Carl Bruyndonckx			
DEMO	VERDIEPING	TUISHOU	KIDZ	STILLE RUIMTE
11.00	11.00	11.00		
11.15				
11.40				
11.55				
WADAIKO TAWAMURE -TAIKO				
12.25	12.25		12.25	12.25
12.30				
12.50				
13.05	13.10	13.10		
13.30				
13.50				
14.00				
WADAIKO TAWAMURE -TAIKO				
14.30	14.30	14.30		
14.45				
15.00				
15.15				15.15
15.40				
15.55				
16.00	AFSLUITEN			